

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Turkey Meatballs in a Tomato Sauce served with Spaghetti	Beef Stroganoff served with Rice & Vegetables	Roast Gammon, Roast Potatoes & Gravy, Vegetables & Yorkshire Pudding	Chicken Curry, Served with Rice & Naan Bread Vegetable of the day	Fish & Chips served with Garden Peas or Beans
Vegetarian	Egg Fried Rice with Vegetables	Quorn Toad in the Hole served with Sauté Potato's, vegetables & Gravy	Vegetable Pie with the above	Vegetable Curry, Served with Rice & Naan Bread	Stir Fried Noodles
Jacket Potatoes	Hot Jackets with a choice of Tuna, Creamy Tuna & Beans	Hot Jackets with a choice of Tuna, Creamy Tuna & Beans	Hot Jackets with a choice of Tuna, Creamy Tuna & Beans	Hot Jackets with a choice of Tuna, Creamy Tuna & Beans	Hot Jackets with a choice of Tuna, Creamy Tuna & Beans
Pasta King Break & Lunch	Choice of meat or vegetarian topping	Choice of meat or vegetarian topping	Choice of meat or vegetarian topping	Choice of meat or vegetarian topping	Choice of meat or vegetarian topping
Home-made Soup & Roll	Home-made Soup & Roll	Home-made Soup & Roll	Home-made Soup & Roll	Home-made Soup & Roll	Home-made Soup & Roll
Dessert	Mixed Winter Fruits Crumble & Custard	Tangy Lemon Drizzle Cake & Custard	Iced Sponge & Custard	Fruit Flap Jack	Selection of Chilled Desserts from the chiller
Deli Bar & Cold Counter	Selection of Baguettes, Wraps', Sandwiches with a choice of fillings	Selection of Baguettes, Wraps', Sandwiches with a choice of fillings	Selection of Baguettes, Wraps', Sandwiches with a choice of fillings	Selection of Baguettes, Wraps', Sandwiches with a choice of fillings	Selection of Baguettes, Wraps', Sandwiches with a choice of fillings
Selection of Fresh Salads Daily	Selection of Fresh Salads Daily & Bread Basket	Selection of Fresh Salads Daily & Bread Basket	Selection of Fresh Salads Daily & Bread Basket	Selection of Fresh Salads Daily & Bread Basket	Selection of Fresh Salads Daily & Bread Basket
Healthy Choice's	Selection of fresh fruit & Cheese and Crackers Always available	Selection of fresh fruit & Cheese and Crackers Always available	Selection of fresh fruit & Cheese and Crackers Always available	Selection of fresh fruit & Cheese and Crackers Always available	Selection of fresh fruit & Cheese and Crackers Always available

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All food is prepared in our kitchen where all allergens may be present – we do not use nuts

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