

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Lamb Tagine served with Couscous & Vegetable or Sauté Potato's	Beef Lasagne served with Vegetables & Garlic Bread	Roast Chicken or Pork Sausages, Roast Potatoes, Yorkshire Pudding served with Vegetables & Gravy	Chicken Korma, Served with Rice & Naan Bread. Vegetable of the day	Fish & Chips served with Garden Peas or Beans
Vegetarian	Macaroni Cheese served with a Baked Roll	Veggie Bolognese with Pasta & Garlic Bread	Leek, Cheese & Potato Pie with the above	Vegetable Curry, Served with Rice & Naan Bread	Vegetable Ratatouille Served with Chips
Jacket Potatoes	Hot Jackets with a choice of Tuna, Creamy Tuna & Beans	Hot Jackets with a choice of Tuna, Creamy Tuna & Beans	Hot Jackets with a choice of Tuna, Creamy Tuna & Beans	Hot Jackets with a choice of Tuna, Creamy Tuna & Beans	Hot Jackets with a choice of Tuna, Creamy Tuna & Beans
Pasta King Break & Lunch	Choice of meat or vegetarian topping	Choice of meat or vegetarian topping	Choice of meat or vegetarian topping	Choice of meat or vegetarian topping	Choice of meat or vegetarian topping
Home-made Soup & Roll	Home-made Soup & Roll	Home-made Soup & Roll	Home-made Soup & Roll	Home-made Soup & Roll	Home-made Soup & Roll
Dessert	Apple Pie & Custard	Chocolate Sponge & Chocolate Sauce	Coconut Jam Sponge & Custard	New York Strawberry Cheese Cake	Selection of Chilled Desserts from the chiller
Deli Bar & Cold Counter	Selection of Baguettes, Wraps', Sandwiches with a choice of fillings	Selection of Baguettes, Wraps', Sandwiches with a choice of fillings	Selection of Baguettes, Wraps', Sandwiches with a choice of fillings	Selection of Baguettes, Wraps', Sandwiches with a choice of fillings	Selection of Baguettes, Wraps', Sandwiches with a choice of fillings
Selection of Fresh Salads Daily	Selection of Fresh Salads Daily & Bread Basket	Selection of Fresh Salads Daily & Bread Basket	Selection of Fresh Salads Daily & Bread Basket	Selection of Fresh Salads Daily & Bread Basket	Selection of Fresh Salads Daily & Bread Basket
Healthy Choice's	Selection of fresh fruit & Cheese and Crackers Always available	Selection of fresh fruit & Cheese and Crackers Always available	Selection of fresh fruit & Cheese and Crackers Always available	Selection of fresh fruit & Cheese and Crackers Always available	Selection of fresh fruit & Cheese and Crackers Always available

ALLERGEN INFORMATION IS ALWAYS DISPLAYED AND AVAILABLE ON REQUEST
All food is prepared in our kitchen where all allergens may be present – we do not use nuts