

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Chicken Kebab in Pitta Bread served with Baked Wedges & Savoury Rice	Shepherd's Pie served with Vegetables and Gravy	Roast Beef, Roast Potatoes, Yorkshire Pudding served with Vegetables & Gravy	Chicken Curry, Served with Rice & Naan Bread. Vegetable of the day	Fish & Chips served with Garden Peas or Beans
Vegetarian	Vegetable Chilli served with the above	Basil & Tomato Pasta Bake served with Vegetable & Baked Roll	Vegetable Strudel Served with the above	Vegetable Curry, Served with Rice & Naan Bread	Mexican Bean Burger in a Bun served with the above
Jacket Potatoes	Hot Jackets with a choice of Tuna, Creamy Tuna & Beans	Hot Jackets with a choice of Tuna, Creamy Tuna & Beans	Hot Jackets with a choice of Tuna, Creamy Tuna & Beans	Hot Jackets with a choice of Tuna, Creamy Tuna & Beans	Hot Jackets with a choice of Tuna, Creamy Tuna & Beans
Pasta King Break & Lunch	Choice of meat or vegetarian topping	Choice of meat or vegetarian topping	Choice of meat or vegetarian topping	Choice of meat or vegetarian topping	Choice of meat or vegetarian topping
Home-made Soup & Roll	Home-made Soup & Roll	Home-made Soup & Roll	Home-made Soup & Roll	Home-made Soup & Roll	Home-made Soup & Roll
Dessert	Mixed Winter Fruits Crumble & Custard	Sticky Toffee Pudding & Custard	Syrup Sponge & Custard	Carrot Cake with Cream Cheese Frosting	Selection of Chilled Desserts from the chiller
Deli Bar & Cold Counter	Selection of Baguettes, Wraps', Sandwiches with a choice of fillings	Selection of Baguettes, Wraps', Sandwiches with a choice of fillings	Selection of Baguettes, Wraps', Sandwiches with a choice of fillings	Selection of Baguettes, Wraps', Sandwiches with a choice of fillings	Selection of Baguettes, Wraps', Sandwiches with a choice of fillings
Selection of Fresh Salads Daily	Selection of Fresh Salads Daily & Bread Basket	Selection of Fresh Salads Daily & Bread Basket	Selection of Fresh Salads Daily & Bread Basket	Selection of Fresh Salads Daily & Bread Basket	Selection of Fresh Salads Daily & Bread Basket
Healthy Choice's	Selection of fresh fruit & Cheese and Crackers Always available	Selection of fresh fruit & Cheese and Crackers Always available	Selection of fresh fruit & Cheese and Crackers Always available	Selection of fresh fruit & Cheese and Crackers Always available	Selection of fresh fruit & Cheese and Crackers Always available

ALLERGEN INFORMATION IS ALWAYS DISPLAYED AND AVAILABLE ON REQUEST
All food is prepared in our kitchen where all allergens may be present – we do not use nuts