

## Appendix G

### Patcham High School Curriculum Map for new Statutory RSHE

Reviewed October 2022

To be included within each theme:

- Skills
- Law
- Getting/signposting support
- Online and media
- SEND/inclusivity
- *\*Non statutory Learning Opportunities*

### Core Theme: Relationships KS4

Topics	PSHE Association Programme of study Learning Opportunities and code	Year Group	Place in curriculum	Resources
<b>Me</b> (including identity, heritage,	<b>R4.9</b> to recognise, clarify and if necessary challenge their own values and understand how their values influence their decisions, goals and behaviours	10 11	10 – Identity, discrimination, politics  11 - Careers	

mental wellbeing)	R4.11	strategies to manage the strong emotions associated with the different stages of relationships	10	10 – Abuse All lessons signpost to support services	
<b>Friendship and Relationship</b> (including sex, healthy and intimate relationships, consent, Drug, alcohol and tobacco )	R4.1	the characteristics and benefits of strong, positive relationships, including mutual support, trust, respect and equality	10	10 – Consent, abuse	
	R4.2	the role of pleasure in intimate relationships, including orgasms	10	10 – general messages throughout Relationships and Sex unit	
	R4.3	to respond appropriately to indicators of unhealthy relationships, including seeking help where necessary	10	10 – Abuse, sexual assault, consent	
	R4.4	the importance of stable, committed relationships, including the rights and protections provided within legally recognised marriages and civil partnerships and the legal status of other long-term relationships			
	R4.12	to safely and responsibly manage changes in personal relationships including the ending of relationships			
	R4.21	the skills to assess their readiness for sex, including sexual activity online, as an individual and within a couple	10	10 – Sex, consent	

	<b>R4.23</b>	how to choose and access appropriate contraception (including emergency contraception) and negotiate contraception use with a partner	10	10 – condoms, services, chlamydia nurses	
	<b>R4.25</b>	the importance of parenting skills and qualities for family life, the implications of young parenthood and services that offer support for new parents and families	10, 11	10 - Pregnancy 11 – IVF and adoption	
	<b>R4.26</b>	the reasons why people choose to adopt/foster children	10, 11	10 - Pregnancy 11 – IVF and adoption	
<b>Healthy body, healthy mind</b> (including physical health and fitness, health and prevention, mental wellbeing, families, online and	<b>R4.8</b>	to understand the potential impact of the portrayal of sex in pornography and other media, including on sexual attitudes, expectations and behaviours	10 11	10 – Pornography 11 – mental health	
	<b>R4.13</b>	ways to manage grief about changing relationships including the impact of separation, divorce and bereavement; sources of support and how to access them	11	11 - Bereavement	
	<b>R4.17</b>	ways to access information and support for relationships including those experiencing difficulties		Support services regularly signposted	

<p>media/safety and harms, intimate relationships Drug, alcohol and tobacco, Being safe, Physical health/eating/prevention)</p>	<p><b>R4.24</b></p>	<p>the physical and emotional responses people may have to unintended pregnancy; the different options available; whom to talk to for accurate, impartial advice and support</p>	<p>10, 11</p>	<p>10 - Pregnancy 11 – IVF and adoption</p>	
<p><b>Equality and diversity</b> (including anti-bullying, understanding the world, mental wellbeing, respectful relationships)</p>	<p><b>R4.5</b></p>	<p><i>*the legal rights, responsibilities and protections provided by the Equality Act 2010</i></p>	<p>10</p>	<p>10 - Discrimination</p>	
	<p><b>R4.6</b></p>	<p>about diversity in romantic and sexual attraction and developing sexuality, including sources of support and reassurance and how to access them</p>		<p>All lessons are inclusive of identities; gender, sexual orientation</p>	
	<p><b>R4.10</b></p>	<p>to understand a variety of faith and cultural practices and beliefs concerning relationships and sexual activity; to respect the role these might play in relationship values</p>	<p>10 11</p>	<p>10 – Contraception, LGBTQ+ 11 – Religious attitudes to abortion, IVF</p>	
	<p><b>R4.34</b></p>	<p>strategies to challenge all forms of prejudice and discrimination</p>	<p>10</p>	<p>10 – Discrimination, language</p>	

			11	11 – Different responses to ethical issues	
<b>Safety and Risk</b> (including law, online and media/safety and harms, intimate relationships)	R4.7	strategies to access reliable, accurate and appropriate advice and support with relationships, and to assist others to access it when needed		All lessons signpost to support services in the city	
	R4.14	the opportunities and potential risks of establishing and conducting relationships online, and strategies to manage the risks	10	10 – Consent, abuse	
	R4.15	the legal and ethical responsibilities people have in relation to online aspects of relationships	10	10 – Consent, abuse	
	R4.16	to recognise unwanted attention (such as harassment and stalking including online), ways to respond and how to seek help	10	10 – Consent, abuse	
	R4.18	about the concept of consent in maturing relationships	10	10 – Consent, sexual assault	
	R4.19	about the impact of attitudes towards sexual assault and to challenge victimblaming, including when abuse occurs online	10	10 – Me Too	
	R4.20	to recognise the impact of drugs and alcohol on choices and sexual behaviour	10	10 - Consent	

<b>R4.22</b>	to evaluate different motivations and contexts in which sexual images are shared, and possible legal, emotional and social consequences	10	10 – Healthy relationships, pornography	
<b>R4.27</b>	about the current legal position on abortion and the range of beliefs and opinions about it	11	11 - Abortion	
<b>R4.28</b>	to recognise when others are using manipulation, persuasion or coercion and how to respond	10	10 - Radicalisation	
<b>R4.29</b>	the law relating to abuse in relationships, including coercive control and online harassment	10	10- Radicalisation	
<b>R4.30</b>	to recognise when a relationship is abusive and strategies to manage this	10	10 - Abuse	
<b>R4.31</b>	the skills and strategies to respond to exploitation, bullying, harassment and control in relationships	10	10 - Abuse	
<b>R4.32</b>	about the challenges associated with getting help in domestic abuse situations of all kinds; the importance of doing so; sources of appropriate advice and support, and how to access them	10	10 - Abuse	

<b>R4.33</b>	The law relating to 'honour'-based violence and forced marriage; the consequences for individuals and wider society and ways to access support	10	10 – Consent (forced marriage and honour killings)	
<b>R4.35</b>	<i>*to evaluate ways in which their behaviours may influence their peers, positively and negatively, including online, and in situations involving weapons or gangs</i>		All lessons involve self-reflection and discussion	
<b>R4.36</b>	skills to support younger peers when in positions of influence		All lessons involve self-reflection and discussion	
<b>R4.37</b>	to recognise situations where they are being adversely influenced, or are at risk, due to being part of a particular group or gang; strategies to access appropriate help	10	10 - Radicalisation	
<b>R4.38</b>	factors which contribute to young people becoming involved in serious organised crime, including cybercrime	10	10 - Radicalisation	